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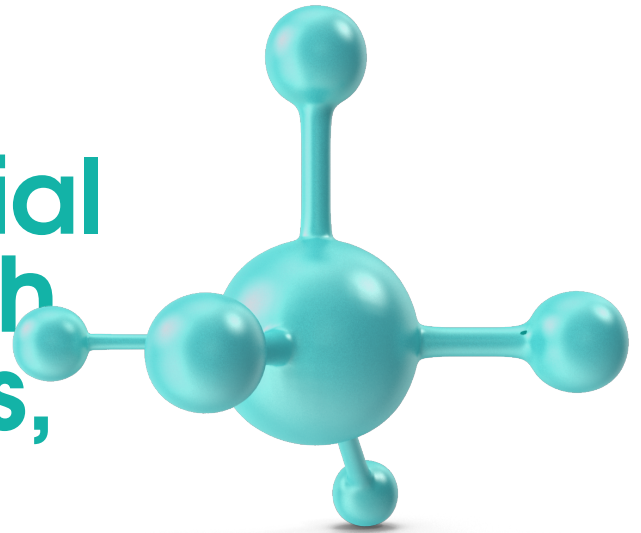
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Building Bonds: Increasing Social Interactions with Siblings, Friends, and Neighbors



Dear Triumph ABA Parents,

As we gather for another edition of our newsletter, I'm reminded of the profound impact that meaningful social interactions can have on our children's growth and development. Beyond the confines of therapy sessions, lies a world rich with opportunities for connection, where siblings, friends, and neighbors play vital roles in shaping our children's social skills and experiences. In this month's newsletter, we embark on a journey of exploration and discovery, delving into practical strategies to foster social interactions in diverse settings and cultivate lasting relationships that enrich our children's lives.

At Triumph ABA, we recognize the pivotal role that socialization plays in promoting holistic development for children with autism. By creating opportunities for playdates, facilitating peer modeling, and encouraging communication and problem-solving skills, we can empower our children to navigate social interactions with confidence and grace. Through the celebration of small victories and the exploration of relatable literature, we aim to equip you with the knowledge and resources needed to nurture the bonds that unite siblings, friends, and neighbors in a supportive community of growth and understanding.



Tips

Tips for Increasing Social Interactions

1

Create Opportunities for Playdates: Organize regular playdates with siblings, classmates, or neighbors to provide structured opportunities for social interaction in a familiar environment. Encourage shared activities and cooperative play to promote communication and social skills development.

2

Facilitate Peer Modeling: Arrange opportunities for your child to observe and interact with typically developing peers, either through community events, extracurricular activities, or social groups. Peer modeling can help promote imitation, social learning, and the development of appropriate social behaviors.

3

Practice Turn-Taking and Sharing: Incorporate turn-taking and sharing activities into everyday routines and play sessions to reinforce social reciprocity and cooperation. Model positive social behaviors and provide guidance and support as needed to facilitate smooth interactions.

4

Encourage Communication and Problem-Solving: Foster open communication and encourage your child to express their thoughts, feelings, and needs during social interactions. Teach problem-solving skills, such as compromising and negotiating, to navigate conflicts and promote positive peer relationships.

5

Celebrate Small Victories: Recognize and celebrate every milestone and achievement in your child's social development, no matter how small. Encourage a growth mindset and reinforce positive behaviors to boost confidence and motivation in social settings.

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Quote of the month:

**AUTISM IS NOT A
PROCESSING
ERROR; IT'S A
DIFFERENT
OPERATING
SYSTEM.**

- Winston Churchill





TO
CHECK
OUT

The Social Skills Picture Book: Teaching Play, Emotion, and Communication to Children with Autism by Jed Baker

The Incredible 5-Point Scale: The Significantly Improved and Expanded Second Edition; Assisting Students in Understanding Social Interactions and Controlling Their Emotional Responses by Kari Dunn Buron and Mitzi Curtis

How to Talk So Kids Will Listen & Listen So Kids Will Talk by Adele Faber and Elaine Mazlish

Sibling Stories: Reflections on Life with a Brother or Sister on the Autism Spectrum edited by Lynne Reeves Griffin and Kelly Huegel Madrone

Uniquely Normal: Tapping the Reservoir of Normalcy to Treat Autism by Robert J. Bernstein

Closing thoughts:

As we embark on the journey of increasing social interactions with siblings, friends, and neighbors, let us celebrate the joy of connection and the bonds that unite us. Together, we'll create a supportive community where every child can thrive and build meaningful relationships.