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**Safety Tools
and Strategies
Empowering
Families with
Practical Safety
Solutions**

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 **triumph**
Behavior Support

SAFETY TOOLS AND STRATEGIES

Empowering Families with Practical Safety Solutions



Dear Triumph ABA Parents,

When it comes to children with autism, safety is not just important — it's essential. Many children with ASD are prone to elopement, have difficulty responding to verbal commands, or may struggle with understanding danger. That's why proactive safety strategies can't wait for an emergency. They need to be embedded into everyday life — calmly, clearly, and consistently.

This month, we're sharing practical tools that help build safety awareness in and out of the home. From wearable tech to simple scripts and social stories, it's all about giving children confidence — and giving parents peace of mind.



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Safety Strategies To Try At Home



Use Visual Safety Rules

Create simple posters or laminated cue cards that show rules like “Stop,” “Wait,” or “Stay with Grown-Up.” Place them by doors, stoves, or gates — and teach them like any other life skill.



Practice ‘What If’ Drills

Role-play scenarios like “What to do if you get lost” or “What to say if someone you don’t know talks to you.” Keep it short, repeat often, and celebrate when they remember the script.



Invest in Wearable ID

Consider medical ID bracelets or GPS-enabled wristbands with your child’s name and emergency contact. Brands like AngelSense or Jiobit allow parents to track location in real time.



Set Up Safety Zones

Use physical markers (tape lines, rugs, or cones) to define boundaries — especially near doorways, driveways, or pools. Many children respect visual cues more than verbal instructions alone.



Create and Rehearse Social Stories

Use tools like LessonPix or Boardmaker to illustrate stories about safe behaviors, like waiting at crosswalks, asking for help, or staying seated on the bus.

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TO
CHECK
OUT

My Body
Belongs
to Me
by Jill
Starishevsky

Teach Your
Child to
Handle
Emergencies
by Denise Burt

I Can
Be Safe
by Pat
Thomas

The Safe
Child Book
by Sherryll
Kerns Kraizer

Elopement
and
Wandering
A Parent's
Guide (NAA)

Quote of the month:

**When we can talk about our
feelings, they become less
overwhelming, less upsetting,
and less scary.**

- Fred Rogers

